



ATHLETICS

PRE-SEASON WEEK OF 8/23

	Girls Soccer	Boys Soccer	Field Hockey	Football	Volleyball	Tennis	XC	Golf
Mon, 8/23								
8:00-11:00	Girls Soccer (9-11)		FH (8:45-11:15)	FB (8-11)	VB (9:15-11:15)		9:00-11:00	12:30-6:00
2:00 - 6:00		Boys V Soccer (3:30-5)	V FH (1:45-3:45)	FB (3-4:30)	V VB (2:00-4:00)	Tennis (4:30-6:30)		* 2 pm tee time (Little Bennet)
Tues, 8/24								
8:00-11:00	Girls Soccer (9-11)		FH (8:45-11:15)		VB (9:15-11:15)		9:00-11:00	2:00-3:00 (9th and 10th) *Riverbend
2:00 - 6:00	Girls V Soccer (3-4:15)	Boys V Soccer (3:30-5)	V FH (1:45-3:45)	FB (3-5:30)	V VB (2:00-4:00)	Tennis (4:30-6:30)		3:15-4:15 (11th and 12th) * Riverbend
Wed, 8/25								
8:00-11:00	Girls Soccer (9-11)		FH (8:45-11:15)	V (scr) @ Saints Stephens 8 AM	VB (9:15-11:15)		Cabin Trip	11:45-4:00
2:00 - 6:00	Girls Soccer (3-4:15)	Boys Soccer (V: 3:30-5:00/ JV:4:30-6)	V Vs. Trinity Christian (scr) Away @ 4:30		V VB (2:00-4:00)	Tennis (4:30-6:30)		* 1 pm tee time Herndon GC
Thu, 8/26								
8:00-11:00	Girls Soccer (9-11)		V/JV vs Holy Child (scr) 10:00/11:15	FB (8-11)	VB (9:15-11:15)		Cabin Trip	2:00-3:00 (9th and 10th) *Riverbend
2:00 - 6:00	Girls V Soccer (3-4:15)	Boys Soccer (V: 3:30-5:00/ JV:4:30-6)		FB (3-4:30)	V VB (2:00-4:00)	Tennis (4:30-6:30)	Practice upon return 11-12	3:15-4:15 (11th and 12th) * Riverbend
Fri, 8/27								
8:00-11:00			FH (9:15-11:15)		VB (9:15-11:15)		9:00-11:00	OFF
2:00 - 6:00	V/JV vs Elizabeth Seton (scr) 4:00	Boys Soccer (V: 3:30-5:00/JV: 4:30-6)		FB (3-5:30)		Tennis (4:30-6:30)		
Sat, 8/28								
8:00-11:00				JV/V (scr) @ Landon 8/10:30				
2:00 - 6:00								